

# THE HISTORY OF THE CUPCAKE

## 1 FIRST CUPCAKE RECIPE

The first mention of the cupcake was traced back to 1796, a recipe notation of "a light cake to bake in small cups" written in American Cookery by Amelia Simmons.



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## FIRST OFFICIAL CUPCAKE

The first official use of the word "cupcake" was an 1828 reference made in Eliza Leslie's Receipts cookbook.

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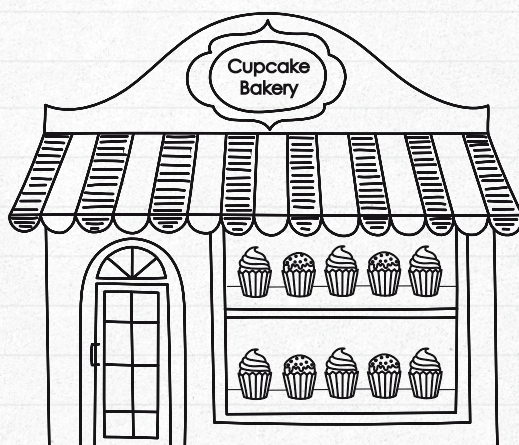
## HOW DID THEY GET THE NAME?

The cakes were often baked in individual pottery cups, and took their name from the cups they were baked in.

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## COOKING TIME

Cupcakes were convenient because they cooked much quicker than larger cakes.



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## CUPCAKE OR MUFFIN?

Cupcakes are typically sweet confections while muffins are savoury or have chocolate chips.

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## FLAVOURS

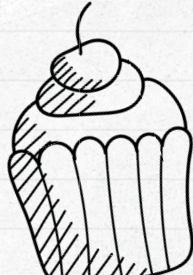
Chocolate and vanilla remain classic favourite flavours.



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## RECIPES

Standard recipe =  
250g unsalted butter,  
250g caster sugar,  
250g self-raising flour,  
4 medium eggs,  
4 tablespoons milk.\*



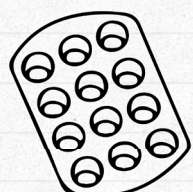
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## FROSTING

Cupcakes were finally decorated with frosting in the 1950s with either chocolate or vanilla frosting.



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## MASS MARKET

Early in the 20th century, the advent of multi-cupcake tins brought mass production to cupcake making.

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## WORLD'S LARGEST CUPCAKE

According to Guinness World Records the world's largest cupcake weighed 1,176.6 kg or 2,594 lb and was baked by Georgetown Cupcake in Sterling, Virginia, on 2 November 2011.

\* Recipe from [www.goodtoknow.co.uk](http://www.goodtoknow.co.uk)