Child Neglect: How to spot the signs

Neglect isn't always easy to spot, and each sign on its own doesn't necessarily mean a child is being neglected. However, it is important to note that if you notice multiple signs consistently and over a long period of time, it might indicate a more serious problem. We have detailed some of the signs below.

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Being smelly or dirty	
Being hungry or not given money for food	
Having unwashed clothes	
Having the wrong clothing, such as no warm clothes in winter	
Having frequent and untreated nappy rash in infants	
Anaemia	
Body issues, such as poor muscle tone or prominent joints	
Medical or dental issues	
Missed medical appointments, such as for vaccinations	
Not given the correct medicines	
Poor language or social skills	
Regular illness or infections	
Repeated accidental injuries, often caused by lack of supervision	
Skin issues, such as sores, rashes, flea bites, scabies or ringworm	
Thin or swollen tummy	

Tiredness	
Untreated injuries	
Weight or growth issues	
Living in an unsuitable home environment, such as having no heating	
Being left alone for a long time	
Taking on the role of carer for other family members	
Becoming clingy	
Becoming aggressive	
Being withdrawn, depressed or anxious	
Changes in eating habits	
Displaying obsessive behaviour	
Finding it hard to concentrate or take part in activities	
Missing school	
Showing signs of self-harm	
Using drugs or alcohol	

For more information on safeguarding children, please visit: www.virtual-college.co.uk/courses/safeguarding-courses

