



THE FIVE PRINCIPLES OF THE MENTAL CAPACITY ACT

1

Assume a person has capacity, unless proven otherwise.



2

Unless all practicable steps have been tried to help them, do not treat people as incapable of making a decision.



3

A person should not be treated as incapable of making a decision because their decision may seem unwise.



4

Always do things or take decisions for people without capacity in their best interests.



5

Before doing something to someone or making a decision on their behalf, you should consider whether the outcome could be achieved in a less restrictive way.



Contact us to find out about our online Mental Capacity Act course

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