5 FACTS FROM A RECENT SELF-HARM SURVEY

We asked parents about their understanding of self-harm. Here are the results.

65%

of parents had not discussed self-harm with their children

92%

of these parents had not seen any reason to discuss self-harm with their children

However.....

50%

of people have some experience of self-harm

33%

of conversations about self-harm were prompted by children

59%

of parents thought they would know if their children were self-harming

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We surveyed 1002 parents/legal guardians aged 18-65 who had children aged 8-17 living at home. The study was conducted online across Great Britain, using an online panel. Interviews were conducted between February 9th – 13th 2017. Broad controls were placed on region, age, gender and working status of parents, as well as age of children. The resultant data was weighted to the GB profile for this audience.

selfharm UK

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