

TYPE 1 CHILDHOOD DIABETES

THE FACTS



OVER

345,000

PEOPLE ARE LIVING WITH
TYPE 1 DIABETES
IN THE UK

OVER **31,000** ARE



CHILDREN

THIS FIGURE IS PREDICTED TO RISE BY 2035/2036 TO:



48,630

CHILDREN



603,572

ADULTS

10% OF ALL
DIABETES IS TYPE 1
BUT IT IS THE MOST
COMMON TYPE OF
CHILDHOOD
DIABETES

90%-95%

OF UNDER 16S WITH
DIABETES HAVE
TYPE 1 DIABETES



90%

OF PEOPLE WITH TYPE 1 DIABETES
HAVE NO FAMILY HISTORY OF
THE CONDITION



TYPE 1 DIABETES
OCCURS WHEN THE
BODY IS UNABLE TO
PRODUCE INSULIN

THE CAUSE OF TYPE 1
DIABETES IS UNKNOWN



UNLIKE TYPE 2 DIABETES
IT IS NOT CAUSED BY
POOR DIET OR
UNHEALTHY LIFESTYLE

THE LAST 30 YEARS HAS SEEN A
THREEFOLD INCREASE IN THE NUMBER
OF CASES OF CHILDHOOD DIABETES,
PARTICULARLY IN UNDER 5S

UNDER 5S



THE INCIDENCE OF TYPE 1
DIABETES IN THE UK HAS
DOUBLED EVERY 20 YEARS
SINCE 1945



PEOPLE WITH TYPE 1
DIABETES RELY ON INSULIN
INJECTIONS/ INFUSIONS
AND UP TO 10-12 FINGER
PRICK TESTS EVERYDAY
JUST TO STAY ALIVE



CHILDREN WORLDWIDE
(AGED 14 AND UNDER)
DEVELOP TYPE 1 DIABETES
EACH YEAR

Virtual College has worked with JDRF, the type 1 diabetes charity,
to develop 'Awareness of Type 1 Diabetes' -
a free online course available for anyone to access.

Visit www.type1diabetestesting.co.uk to register