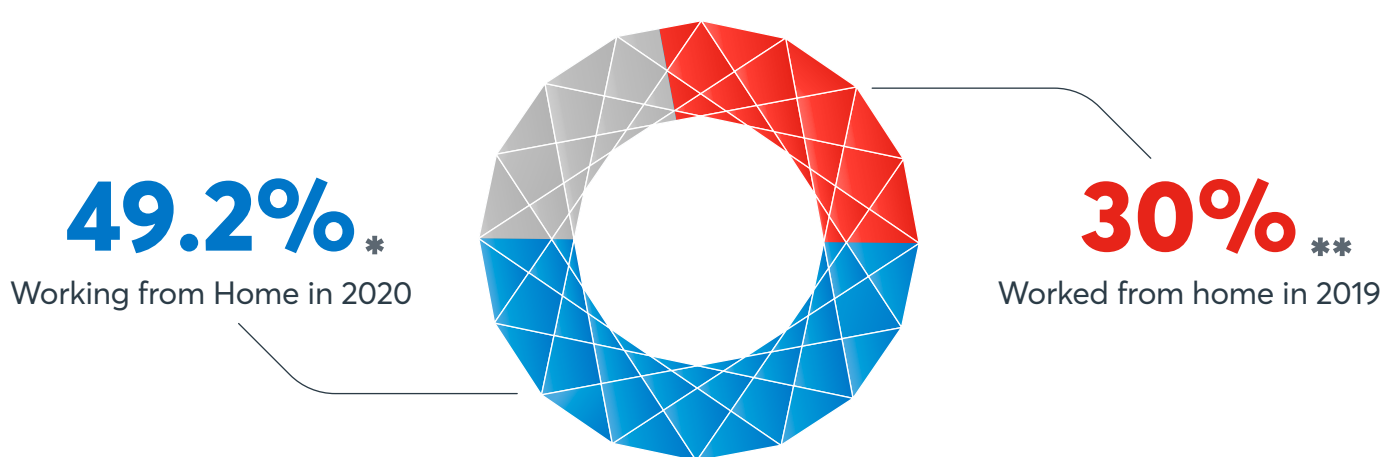


# The pros and cons of working remotely

FOR MANY OF US WORKING REMOTELY HAS BECOME THE NEW NORMAL:



## WHAT ARE THE PROS AND CONS?

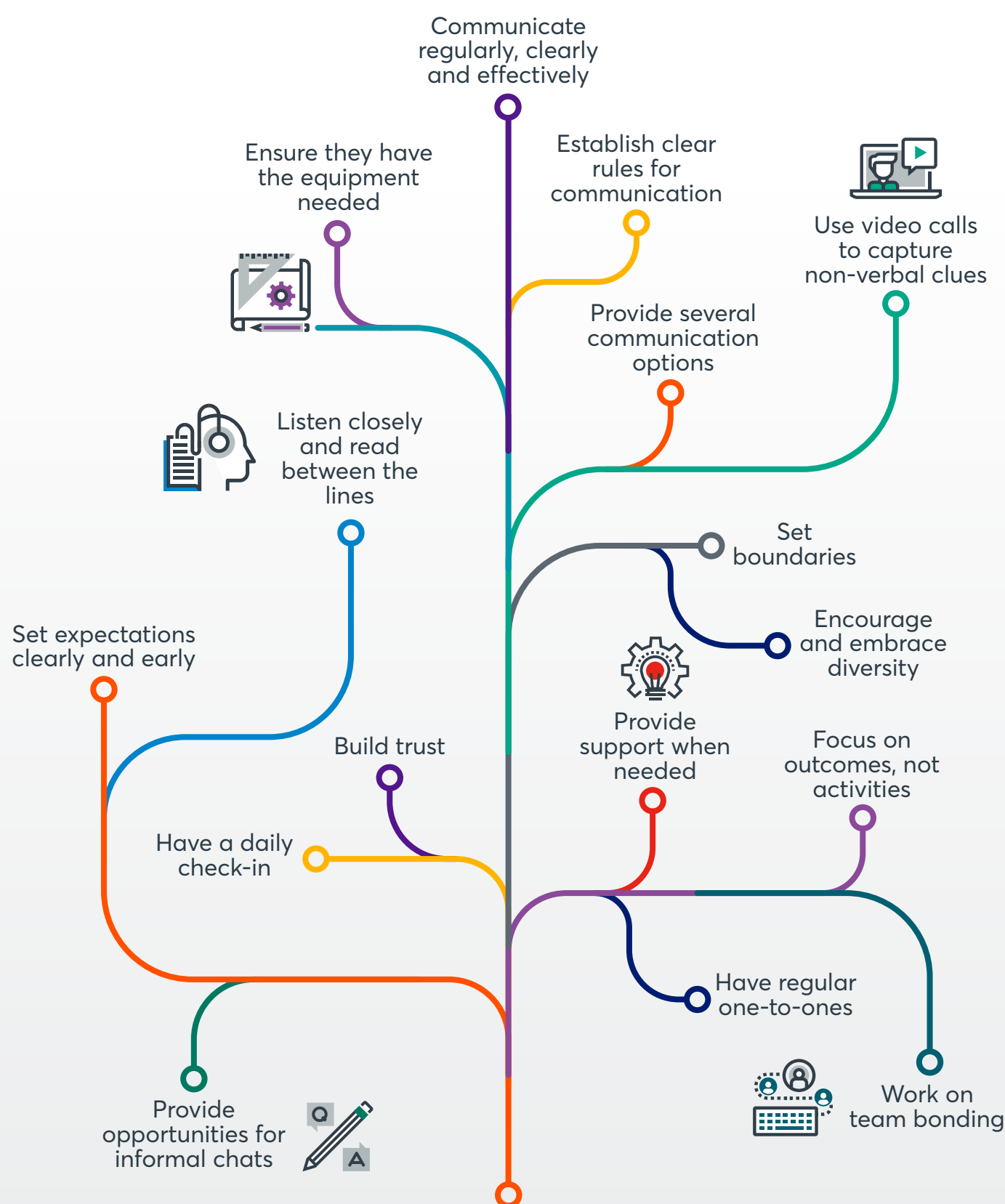
### THE PROS

- No commute (saving time and money)
- Greater flexibility
- More autonomy
- Fewer distractions
- Reduced stress levels
- Better work/life balance

### THE CONS

- Requires a lot of self-discipline
- Can be lonely
- Harder to separate work and home life
- More difficult to form relationships
- Less ad hoc learning
- Easy to misread cues when communicating remotely

## HOW CAN YOU SUPPORT YOUR TEAM WHILST WORKING FROM HOME?



\* 50% of UK workforce to work remotely by 2020

\*\*Coronavirus and homeworking in the UK labour market: 2019