





# The duty of care in sport




Duty of care is a legal and moral obligation whose importance features in many different areas of the sporting world. We have looked into your duty of care in sport.

## What is a duty of care in sport?

-  The duty of care usually falls to sports clubs and teams, and the coaches who work under them
-  Those who fall under the duty of care are the team members for whom the club should take all reasonable precautions and measures to protect from injury and distress
-  Establish the boundaries of a duty of care by carrying out a risk assessment for each activity organised within a sporting club
-  This allows any potential of harm to be catalogued and any risks safely mitigated



## The duty of care in sport when working with children

-  Duty of care is particularly relevant when working with children in sports
-  Coaches should aim to assess every situation and act like a teacher or a 'reasonably prudent parent' to understand how far their duty of care should stretch
-  This means carrying out the duty of care to an extent which is reasonable to expect from a parent, and that acting below that standard may be regarded as a breach of care



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